



HELLENIC ARMY ACADEMY

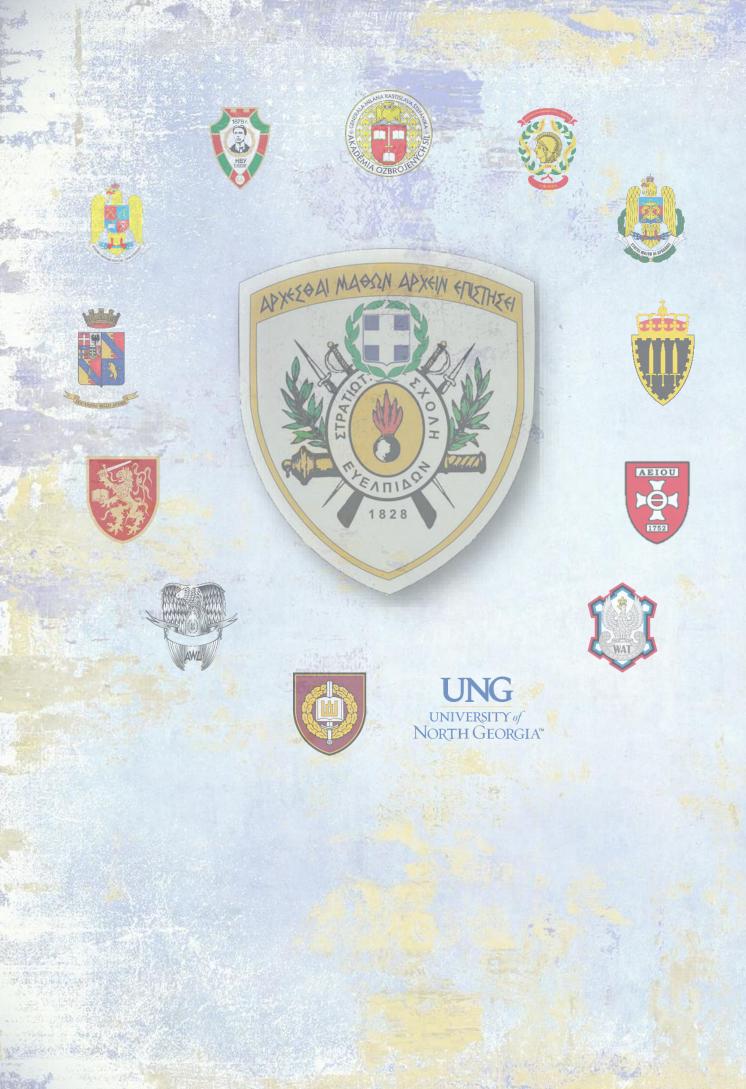
INTERNATIONAL SPRING SEMESTER 2024



CADET'S HANDBOOK



Co-funded by the European Union







Hellenic Army Academy Athens, 19 February 24

Dear Officer/Cadet,

Greetings and welcome to the Hellenic Army Academy's International Spring Semester 2024 (ISS-24)!

The International Semester is a successful initiative organized by the Hellenic Army Academy since 2018, conducted under the ERASMUS+ framework. It provides young cadets and future officers with a unique opportunity to immerse themselves in diverse experiences from an early stage, fostering the development of a Common Security & Defense Culture. This initiative also aims to strengthen the bonds between our Academy and your esteemed Higher Education Military Institution.

To assist in your seamless transition to the HAA, we have prepared this concise guide. We highly recommend that you read it attentively and use it as your primary reference while preparing for the ISS-24. The guide covers academic and practical aspects that may arise during your stay at the Academy. Additionally, a brief Q&A section is included to address common questions posed by new members of our student community.

In conclusion, we are committed to ensuring that your experience at the HAA and in Greece is not only highly beneficial but also educational and exciting. We extend our heartfelt wishes for success in this captivating journey.

Sincerely,

BG Spyridon ROUTSIS

Director/Directorate

of Military Training

Hellenic Army Academy









TABLE OF CONTENTS

1. On	nboarding Process	4	
1.1	Before arriving at the Hellenic Army Academy	2	
1.2	Arriving at the HAA		
1.3	Orientation Program		
1.4	Picking Up your Cadet Access Card (CAC)		
2. Lo	gistics	6	
2.1	Housing		
2.2	Building Services	(
2.2	.1 Laundry & Ironing Services	e	
2.2	.2 Vending Machines	e	
2.2	.3 Automated Teller Machine (ATM)	é	
2.2	.4 Care of Residential Property	e	
2.3	Dining Facilities		
2.4	IT Support		
2.4	.1 Moodle Platform Access		
2.4	.2 Computer Hardware	7	
2.4	3 Printing Services	7	
3. Liv	ving in the Academy	8	
3.1	Daily Schedule		
3.2	Dress Code	10	
3.3	Equipment	10	
3.4	Sports & Athletics	10	
3.5	Useful Links	10	
4. Th	e Academic Program	11	
4.1	Overview	11	
4.2	Courses/Modules Description	12	
4.3	Class Attendance and Absence from Classes	14	
4.4	Vacations/ Leave of absence15		









4.5	Grade Distribution	15
5. He	ealth & Safety	16
5.1	Safety Procedures	16
5.2	Health Services	16
5.3	Confidentiality	16
6. Et	hical & Academic Standards in the HAA	17
6.1	Integrity	17
6.2	Academic Integrity	17
6.3	Alcohol and Drugs	18
6.4	Sexual Harassment and Violence Reporting	18
7. Co	ontact Information	19
8. 0	&A	20









1. Onboarding Process

1.1 Before arriving at the Hellenic Army Academy

Please complete the electronic application form if you haven't already. You can do so by scanning the QR code provided or by clicking on the following link:



Hellenic Army Academy: Application Form "ISS 24" (google.com)

1.2 Arriving at the HAA

The Hellenic Army Academy will provide transport from the International Athens Airport to the Academy and vice versa, from Friday, 16 February morning, to Monday, 19 February morning (07:00).

Alternative transportation options are the following:

- ➤ **Taxi:** Prices for taxis are approximately 25,00€ from the International Athens Airport to the Hellenic Army Academy.
- ➤ **Public transportation:** Buses, X96 or X97, are available 24/7. They depart at the arrivals level every 30 to 60 minutes from a designated area (between Exit 4 and Exit 5). The stop for the Hellenic Army Academy is called "Scholi Evelpidon." The cost is approximately 6,00€ one way.

Upon your arrival at the Academy, you will be accompanied to your dormitories. They will be ready for all incoming students on the weekend before Monday, 19 February (16-18 Feb 24). Thus, schedule your arrival accordingly.

You will receive your dormitory assignments and the name-contact information of your roommates on Monday, 19 February 24, during the Orientation program.

1.3 Orientation Program

On Monday, 19 February, at 09:00, we have arranged a short Orientation Program to facilitate your integration process. During this time, you will have the opportunity to meet with the Academy's key personnel for ISS-24, learn about the









curriculum and academic opportunities, become familiar with the campus, and get to know your peers.

Picking Up your Cadet Access Card (CAC)

The next thing on schedule after the orientation is picking your Cadet Access Card (CAC).

Once the verification process is completed upon your arrival at the Academy, you will be issued a Cadet Access Card (CAC), allowing you to move freely within the Academy's premises. You are required to return your CAC before departing from the Academy (by the end of the Semester).









2. Logistics

2.1 Housing

Rooms are randomly assigned within the Dormitory of the 12th Cadet Company (within the "Cadet Regiment"). All rooms host four individuals and have the same configuration. Rooms contain a bed, desk, chair, and bookshelf for each host.

2.2 Building Services

2.2.1 Laundry & Ironing Services

Laundry rooms are available in every Dormitory Building. Currently, washers and dryers each cost 2 and 1 Euros (per load), respectively. It would be best to have your cleaning supplies (which can be purchased on-site).

Ironing services are available for military uniforms within the Academy <u>free of charge</u>.

2.2.2 Vending Machines

Vending machines are located in several student dormitories and buildings around the camp. The vending machines accept EURO coins.

2.2.3 Automated Teller Machine (ATM)

The academy features a Piraeus Bank ATM, strategically placed in a central location on the campus for convenience. This ATM accepts EURO banknotes.

2.2.4 Care of Residential Property

Students are expected to take responsibility for damage (accidental or deliberate) they cause.









2.3 Dining Facilities

The HAA dining facilities are available for students at designated periods throughout the day. Moreover, please be informed that breakfast, lunch, and dinner attendance is mandatory for all students unless instructed otherwise.

Meals at the HAA are free of charge. Should you have any special dietary restrictions and/or food allergies, please make sure to inform us immediately (at the latest upon your arrival at the Academy).

2.4 IT Support

The HAA has free wireless Internet connectivity in many locations across the camp and the Dormitories.

2.4.1 Moodle Platform Access

Upon your arrival at the HAA, you will be issued a private key to access the Educational Internet Platform "Moodle." The supporting material for all the courses, lecture notes, assignment information, submission, and other important information can be found on this platform.

If you have access problems, do not hesitate to contact the platform Administrator, As. Prof Dr. Nikolaos KARADIMAS at nkaradimas@sse.gr.

2.4.2 Computer Hardware

During your participation in the ISS-24, PC use is deemed necessary. If you cannot bring your own computer, the Academy will issue you one. If that is the case, please note that you must return the device before you depart from the Academy.

2.4.3 Printing Services

At the Hellenic Army Academy, we are proactively trying to keep printing at a minimum for environmental purposes. However, if you need to print, please get in touch with the Erasmus+ Office during working hours (0700-1500). You may print up to 50 pages per month.









3. Living in the Academy

3.1 **Daily Schedule**

No	Activity	Hours
MONDAY - TUESDAY - THURSDAY		
1	Reveille (Wake Up)	07:00
2	Inspection	07:30
3	Company formation	07:45
4	Breakfast	08:00-08:20
5	1st Academic Session	08:25-09:10
6	Break	09:10-09:20
7	2 nd Academic Session	09:20-10:05
8	Break	10:05-10:20
9	3 rd Academic Session	10:20-11:05
10	Break	11:05-11:15
11	4 th Academic Session	11:15-11:55
12	Lunch	12:00-12:25
13	5th Academic Session	12:30-13:10
14	Break	13:10-13:20
15	6 th Academic Session	13:20-14:00
16	Free Time	14:00-15:50
17	7 th Academic Session (a)	16:00-16:45
18	Break	16:45-16:50
19	8 th Academic Session (a)	16:50-17:35
20	Free Time	17:40-18:50
21	Dinner	19:35-20:05
22	Free Time	20:05-22:30
23	Taps (Lights out)	22:30

No	Activity	Hours
	WEDNESDAY - FRIDA	Y
1	Reveille (Wake Up)	07:00
2	Inspection	07:30
3	Company formation	07:45
4	Breakfast	08:00-08:20
5	1 st Academic Session	08:25-09:10
6	Break	09:10-09:20









No	Activity	Hours		
	WEDNESDAY – FRIDAY			
7	2 nd Academic Session	09:20-10:05		
8	Break	10:05-10:20		
9	3 rd Academic Session	10:20-11:05		
10	Break	11:05-11:15		
11	4 th Academic Session	11:15-11:55		
12	Lunch	12 :00-12:25		
13	5 th Academic Session	12:30-13:10		
14	Break	13:10-13:20		
15	6 th Academic Session	13:20-14:00		
16	Company formation	14:45		
17	Evening Out (Permitted absence) (b), (c)	1 <mark>5</mark> :00-22:30 (d)		
18	Dinner	19:30-20:30		
19	Taps (Lights out)	22:30		

No	Activity	Hour	
	SATURDAY - SUNDAY		
1	Wake Up	08:00	
2	Breakfast	08:15-09:00	
3	Company formation	09:45	
4	Morning Out (Permitted absence) (b)	10:00-22:30 (d)	
5	Lunch	13:00-14:00	
6	Free Time	14:00-19:00	
7	Dinner 19:30-20:30		
8	Free Time	20:00-22:30 (d)	
9	Taps (Lights out)	22 :30	

Remarks

- a. The Common Module "Military Leadership C" will be conducted Monday, Tuesday, and Thursday evenings.
- b. The Academy will provide transportation to Glyfada, "Elliniko" subway station, or "Koropi" subway station.
- c. Whoever wants to dine during the leave days must notify their Company Commander a day before.
- d. There is scheduled transportation to the Academy at <u>22:00</u> from the <u>"Elliniko"</u> subway station.









3.2 Dress Code

In accordance with the dress code in force within the Hellenic Army Academy, shorts and denim trousers are not allowed.

The following attires conform with the Academy's uniform regulations:

- Arrival/departure and short leave: Informal/Casual/Very casual
- Opening/closing ceremony: Ceremonial Dress
- Courses: Service uniform or Battle Dress Uniform (dependent on the activity)
- Sports activities: Own Academy shorts, a t-shirt, a tracksuit and swimming suit (for swimming training)

3.3 Equipment

During your stay in the HAA, you will participate in Military Training (unless otherwise instructed by your respective institution). The Academy will issue ALL the requisite equipment except clothing (service uniform, boots, etc.) for that purpose.

3.4 Sports & Athletics

Many cadets at the HAA compete at various sports clubs. Incoming students are welcome to apply for those clubs as well. More information will be given during the orientation.

3.5 Useful Links

- > Athens Metro Map | Metro Line Map
- Hellenic Army Academy









4. The Academic Program

Overview 4.1

NO.	MODULE/CLASS	ECTS	DATES (Not Including Travel Days)	ACADEMIC ADVISOR
1	CM Military Leadership "A" [Tactics]	2	19-23 Feb 2024	HAA Military
2	CM Military Leadership "B" [Leadership Training]	2	26 Feb-01 Mar 2024	Trainers
3	CM Basic Military English	2	04-08 Mar 2024	Dr. Artemis MICHAILIDOU
4	CM Cross-Cultural Communication	2	11-15 Mar 2024	Dr. Marianna PATRONA
5	CM Cultural Awareness	2	18-22 Mar 2024	Dr. Dimitrios PANOMITROS
6	CM Comprehensive Approach	4	25 Mar-5 Apr 2024	Dr. Georgios KOUKOUDAKIS
7	CM Electronic Warfare	2	8-12 Apr 2024	Dr. Eleni KARANASIOU
8	CM Law of Armed Conflict	2	15-19 Apr 2024	Dr. Georgios TRANTAS
	CM Interoperability		22-26 Apr 2024	TTAA Militarra
9	Orthodox Easter	6	29 Apr-12 May 2024	HAA Military Trainers
	CM Interoperability		13-24 May 2024	Tramers
10	CM Cyber Security	2	27-31 May 2024	Dr. Nikolaos BARDIS
11	CM Military Leadership "C" [Physical Training]	4	19 Feb-31 May 2024	Dr. Stylianos KOUNALAKIS
-	Final Exams	N/A	03-14 June 2024	
-	Entire International Spring Semester	N/A	19 Feb-14 June 2024	









4.2 Courses/Modules Description

The language of instruction is **English**.

Note: A detailed description of all Common Modules can be found on the EMILYO homepage at: http://www.emilyo.eu/node/988.

COURSE TITLE	CM Military Leadership "A" [Tactics]	
CREDITS	2 ECTS	
COURSE TYPE	In-Class Sessions & Field Training	
EXAM TYPE	Written exam	
EDUCATIONAL GOAL	 Learn different military problem-solving techniques as a leader. Earn the ability to quickly adapt to the changing environment as a leader in combat scenarios. Act as a leader under time pressure during courses of action (COA)-development. 	

COURSE TITLE	CM Military Leadership "B" [Leadership Training]	
CREDITS	2 ECTS	
COURSE TYPE	In-Class Sessions & Field Training	
EXAM TYPE	Written exam & Practical Evaluation	
	➤ Improve Leadership Competences	
EDUCATIONAL	Examine different creative military problem-solving techniques	
GOAL	Practice problem-solving with a group and individually	
	➤ Enhance ability to adapt to the changing environment quickly	

COURSE TITLE	CM Basic Military English		
CREDITS	2 ECTS		
COURSE TYPE	In-Class Sessions		
EXAM TYPE	Written exam		
EDUCATIONAL GOAL	To acquire basic knowledge of military English terminology and to promote presentation and briefing skills to perform better in a military English Environment.		

COURSE TITLE	CM Cross-Cultural Communication
CREDITS	2 ECTS
COURSE TYPE	In-Class Sessions
EXAM TYPE	Written exam
EDUCATIONAL	Familiarize yourself with communication challenges and
GOAL	threats in a cross-cultural environment









THE PERSON NAMED IN COLUMN TWO IS NOT THE OWNER.	
COURSE TITLE	CM Cross-Cultural Communication
	Achieve communication competence with people from
	different cultures and Learn theories of culture and
	communication.
	➤ Gain valuable skills for overcoming obstacles in crises in a
	cross-cultural environment.
	Solve problems and take advantage of opportunities in the
	multicultural world

COURSE TITLE	CM Cultural Awareness
CREDITS	2 ECTS
COURSE TYPE	In-Class Sessions
EXAM TYPE	Written exam
EDUCATIONAL GOAL	 Promote an understanding of European Security and Defence Culture. Enhance European Identity of EU Military Academy Cadets and Young Officers. Deepen knowledge of cultural diversity and learn about the role of Military culture in Partner Nations.

COURSE TITLE	CM Comprehensive Approach
CREDITS	4 ECTS
COURSE TYPE	In-Class Sessions
EXAM TYPE	Written exam
EDUCATIONAL GOAL	The student should understand the complexity of the operations/ civil environment and have confidence in the civil actors' capabilities on a tactical level.

COURSE TITLE	CM Electronic Warfare
CREDITS	2 ECTS
COURSE TYPE	In-Class Sessions
EXAM TYPE	Written exam
	Promote an understanding of the Electromagnetic Environment
EDUCATIONAL	as an operational environment
GOAL	➤ Enhance the knowledge about threat exposure by using EMS-
	related technology

COURSE TITLE	CM Law of Armed Conflict
CREDITS	2 ECTS
COURSE TYPE	In-Class Sessions
EXAM TYPE	Written exam









COURSE TITLE	CM Law of Armed Conflict
EDUCATIONAL GOAL	 Understand basic LOAC texts and achieve awareness of responsibilities in terms of LOAC implementation. Deepen knowledge of LOAC and learn about its international implementation

COURSE TITLE	CM Interoperability
CREDITS	6 ECTS
COURSE TYPE	In-Class Sessions
EXAM TYPE	Written exam
EDUCATIONAL GOAL	 Ability to adapt, communicate, operate, and lead teams within a multinational operational environment. Distinguish differences in international military & systems operations

COURSE TITLE	CM Cyber Security
CREDITS	2 ECTS
COURSE TYPE	In-Class Sessions
EXAM TYPE	Written exam
GOAL OF THE MODULE	 Familiarize yourself with the new type of threats and challenges of the information society. Learn about cyber-attacks: fundamentals of malware, information-based attacks, and their attacking methods Present complex cyber security and ensure knowledge of international/national cyber security strategies Support basic personal and organizational cyber security skills.

COURSE TITLE	CM Military Leadership "C" [Physical Training]
CREDITS	4 ECTS
COURSE TYPE	In-Class Sessions & Outdoor Training
EXAM TYPE	Written Exam & Practical Evaluation
GOAL OF THE MODULE	 Prepare and lead physical training sessions under the supervision of instructors. Knowledge about physical training methodology and how to pass this knowledge as a leader

4.3 Class Attendance and Absence from Classes

Full class attendance is expected of all incoming students. Absence from academic activities, for whatever reason, does not relieve you from the responsibility to complete the academic workload generally required during the period of absence.









4.4 Vacations/ Leave of absence

The Academy will be closed from 29 Apr to 12 May 2024 due to religious Holidays (Christian Orthodox Easter). Incoming students are welcome to stay in the Academy during that period. If you decide to travel back to your home country for Spring break, please notify the Erasmus Office at least one month prior (erasmus@sse.gr). Every Wednesday after class, you will have free time to leave the Academy and explore the city of Athens. More information will be given to you in the orientation course on Monday, 19 February 24.

4.5 Grade Distribution

According to the Greek grading system, the mark equivalence is as follows:

- 100-85: Excellent (EXC)
- 84,9-65: Very Good (VG)
- 64,9-50,1: Good (G)
- 50: Pass (P) Minimum passing grade
- 49,9-0: Fail (F)









5. Health & Safety

5.1 Safety Procedures

All students should familiarize themselves with the locations of emergency exits and fire extinguishers. Evacuation procedures are posted inside each building. If the fire alarm is activated and sounding in your dormitory, do not delay or ignore the alarm; immediately follow the posted evacuation procedures.

5.2 Health Services

An Infirmary operates in the camp 24/7. Licensed medical personnel serving at the Academy are always available in an emergency. The Academy's Infirmary includes primary care, urgent care, and mental health counseling. You can reach the infirmary on a 24/7 basis at +30 210 890 4186.

5.3 Confidentiality

The health services staff protects the confidentiality of all health and health-related records to the full extent of the law. These records are accessed only by the staff members directly involved in the patient's care and on a need-to-know basis.









6. Ethical & Academic Standards in the HAA

Hellenic Army Academy is committed to the highest ethical and professional standards of conduct. Members of the HAA community are expected to conduct their activities as required by law and by the Academy's policies and procedures.

Whenever violations at the ethical or academic spectrum occur, the Academy treats them as matters of significant concern because they so greatly disrupt everyday life and our shared values at the HAA.

6.1 Integrity

Deeply embedded in the Academy's organizational culture is the:

"Cadet's Code of Honor"

"A Cadet must NOT steal, lie, cheat, slander, flatter or tolerate those who do in her/his environment."

As proud members of the Hellenic Armed Forces, we are firmly bound to those values and expect our international partners to do the same. Therefore, we urge you to display honesty and forthrightness in every situation in and out of the classroom. We expect you to represent yourself honestly even when potential wrongdoing or violation of policies is involved. Relatively minor problems can become major ones when compounded by lying or deception.

6.2 Academic Integrity

Cadets who intentionally submit work either not their own or without clear attribution to the original source, fabricate data or other information, engage in cheating, or misrepresentation of academic records may be subject to sanctions for violation of the HAA principles of academic and professional integrity fundamental to the purpose of the Academy.









6.3 Alcohol and Drugs

Any form of Alcohol and/or drugs is strictly prohibited within the Academy according to the Hellenic Army Regulations and the National Legislative Framework in effect. According to the National Legislative Framework, students violating those policies will be held liable.

We emphasize these issues from our concern for each cadet's welfare and our conviction that these standards must be upheld unquestionably to function effectively as a member of the Armed Forces.

6.4 Sexual Harassment and Violence Reporting

HAA is committed to maintaining a safe environment for cadets. Because of this commitment and because of existing regulations, we must advise you that if you tell any of your instructors about matters concerning sexual assault, stalking, sexual harassment, dating violence, domestic violence, sexual exploitation involving a member of the campus community, your instructor is required to report this information to the Academy's leadership. For more information, reach the Erasmus+ Office on a 24/7 basis at +30 210 890 4198 or +6907563584.









7. Contact Information

For any additional information, please do not hesitate to contact the Academy using the contact information seen below:

CPT (AV) Christos Tamouridis
erasmus@sse.gr
+30 210 8904198

Head of the Erasmus+ &
International Cooperations/Erasmus+ Office





Katerina Keskinidou <u>katerinakeskinidou@gmail.com</u> +30 210 8904095 Asst. of the International Cooperations/ Erasmus+ Office







As. Professor Dr. Nikolaos KARADIMAS

nkaradimas@sse.gr
+30 690 6126260

"ISS 24" Academic Coordinator









8. Q&A

1. What should I do If I want to travel outside of Athens or Greece during the Spring break?

If you want to travel back to your home country for Spring break, you must notify your Company commander at least one month prior.

If you want to travel during the weekends of the Semester, you must equally notify your Company Commander 5 days earlier.

2. What can we do and not do in our free time during the Semester?

You can participate fully in the cadets' schedule when you don't have class or are not on leave. More specifically, you can join varsity teams in several sports, hang out with your colleagues, work out, or relax at the Entertainment Hall of the Academy.

3. Where can I find the meal plan, and whom can I talk to if I have any issues?

The meal plan will be shared with you from the first day and will also be hung on the announcement board of your Company barrack. If you experience any issues, you should immediately contact your Company Commander.

4. Are there any cultural-historical visits to Athens? If yes, when are they scheduled?

Yes, we have scheduled to visit several historical places in Athens, like, for example, the Acropolis Museum, the Acropolis Monument, and the historic downtown of Athens. These activities are planned for the last part of the Semester, and you will be notified accordingly.

5. What can I bring to the Hellenic Army Academy?

The Dormitories are fully equipped for the incoming students. However, students can bring items to facilitate their stay and studies during ISS 24. Those items include but are not limited to the following:









- a. Cell phone/Charger
- b. Headphones
- c. Laptop
- d. Notebooks
- e. Personal Hygiene Items (Note: Most of them can be purchased within the Academy's PX)
- f. Laundry bag/basket and drying rack

6. What am I not allowed to bring to the Hellenic Army Academy?

Several items are prohibited inside the dormitories, including but not limited to the following:

- a. Cooking appliances (including toaster ovens, microwaves, hot plates, Keurig and tea kettles)
- b. Candles or incense
- c. Firearms (including BB and pellet guns)
- d. Weapons of any kind (knives etc.)
- e. Halogen floor lamps
- f. Space heaters
- g. Alcoholic Beverages (of any kind)
- h. Drugs

Possession of the aforementioned is strictly prohibited within the Academy's dormitories. Any forbidden items are subject to confiscation, and the student's respective institution will be notified immediately to decide on further actions.

7. Whom should I contact if I have any problems?

If you experience any problems during your stay in the Academy, you should immediately contact your Company Commander (you will meet him during the Orientation Course). If you cannot reach him, you should contact CPT Christos TAMOURIDIS, CPT (FA) Vassileios KARAVITIS, or Ms. Katerina Keskinidou, the staff from the Erasmus Office [+30 2108904198 or +30 6907563584 (WhatsApp and Viber)].







ANNEX "B" Hellenic Army Uniforms & Ranks

