

Konstantinos Havenetidis: Short Curriculum Vitae



Professor (Physical Education)
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Education

- Doctor of Philosophy (Ph.D) (Exercise Physiology) (1996) Leeds Metropolitan University, U.K.
- Master of Science (MSc.) (Sports Coaching) (1992) Sheffield University, U.K.
- Bachelor Degree (1990) (Exercise Science) National and Kapodestrian University of Athens, GREECE.

Professional Appointments

- 2020- Full Professor, Hellenic Army Academy, GREECE.
- 2013-2020 Associate Professor, Hellenic Army Academy, GREECE.
- 2010-2012 Assistant Professor, Hellenic Army Academy, GREECE.
- 2006-2009 Lecturer, Hellenic Army Academy, GREECE.
- 1999-2006 Contract Scientific staff, Hellenic Army Academy, GREECE.
- 1998-2000 Lecturer, College of Sports Sciences, GREECE.
- 1999 Tutor, National Institute of Youth, GREECE.
- 1993-1996 Lecturer, Leeds Metropolitan University, U.K.

Academic/Teaching experience

- 2015- "Introduction to sensors I" and "Theory of Systems", MSc. In Systems Engineering, Hellenic Army Academy in collaboration with Crete University of Technology.
- 2015-2016 "Introduction to Physiotherapy", MSc. In Biology of Exercise, Department of Physical Education and Sport Sciences, National and Kapodestrian University of Athens.
- 2013- "Maximisation of warfighter's performance", Hellenic Army Academy.
- 2010-2012 "Experimental assessment of warfighter's physical status", Hellenic Army Academy.
- 2006-2009 "Limits of physical performance", Hellenic Army Academy.
- 1999-2006 "Physical conditioning-Competitive sports-Athletics", Hellenic Army Academy.
- 1998-2000 "Exercise physiology-Sports nutrition", College of Sports Sciences, GREECE.
- 1999-2000 "Exercise physiology-Sports nutrition", various State Education Institutes, GREECE.
- 1999 "Exercise physiology-Sports nutrition", National Institute of Youth, GREECE.
- 1993-1996 "Exercise physiology-Ergometry", Leeds Metropolitan University, U.K.

Research experience

- 2011-2021 Director and main investigator of various research programs in the Hellenic Army Academy: *Body-fixed sensors and physical activity, Muscle-tendon morphology and function between physical education students and Army cadets, Nutritional habits and supplement use of Greek Army Cadets, Biometrics: the use of body motion analysis as a tool for personal recognition, Intermittent fasting and marathon race performance, Speed chute training for optimizing sprinting abilities in military recruits, Ramadan Fasting and performance in Army cadets, Using insoles for reducing ground reaction forces and subjective responses in the military.*
- 1995-2018 Scientific advisor and research assistant at various companies for the development of medical equipment protocols and exercise software/applications.
- 1993-1999 Fitness and Nutritional consultant at Leeds Metropolitan University with the use of various athletic groups: swimmers (CO Leeds), soccer players (Leeds United AFC), and rugby players (Leeds RUFC).

Scientific publications / Citations,

31 full papers in referred Journals, 54 publications as abstracts in refereed Journals or conference proceedings, 3 books, 3 chapters in books, 463 citations, h-index: 11, i10-index: 12

Journal Referee

Military Medical Research, Journal of the Royal Army Medical Corps, Journal of Biology of Exercise, British Medical Journal Open, Journal of Military and Veterans' Health, Journal of Sport Medicine and Physical Fitness, Military Medicine, Saudi Medical Journal, Journal of Sports Science and Medicine.

Awards and Honors

- 1994 Nutritional consultant in British Olympic Association meeting
- 1991-1995 Recipient of the State Scholarship Foundation of Greece, a scholarship of 40000 Euros awarded on merit after examinations in Greek and English.