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Sofia Paschalidou is Laboratory special teaching staff at the Hellenic Army Academy. She holds a degree in Chemistry from University of Ioannina, year of award 1992.

Since 1997 she holds a PhD in Chemistry entitled "Reactions of Tetracarboxylate compounds of Copper(II) with monodentate, bidentate and polydentate organic ligands" from the University of Patras.

She teaches Chemistry at the Hellenic Army Academy since 1997. She has also taught at the Air Force Academy, Naval Academy, University of Patras, Athens University of Applied Sciences and Vocational Institutes.

Dr. Paschalidou has 17 of publications in international, peer-reviewed journals, and conferences. Indicative scientific journals are: *Angewandte Chemie*, *Chem. Communication*, *Inorganic Chemistry*, *Inorganica Chimica Acta*, *Polyhedron*, *Journal of Inorganic Biochemistry* three of which have an Impact factor of 13, 6 and 5. In addition, her work includes books published by the Hellenic Army Academy such as "Laboratory Exercises of Organic Chemical Technology" and "Applied Chemistry- Laboratory Exercises", which is a book to be printed, and teaching notes.

Dr. Paschalidou has supervised or was a member of examination committees of several undergraduate theses at the Hellenic Army Academy. She has been a member of the Committee for the Internal Evaluation at the Hellenic Army Academy. She has also worked in the research department of a company.

Dr. Paschalidou has attended training seminars, "Developments in Drug Research and Technology" and the European Training Program "Training of Continuing Vocational Training Instructors" and has been included in the Register of Certified Instructors.

Dr. Paschalidou has obtained scholarships during her graduate studies in programs funded by the Research Committee of the University of Patras.

Her research interests are in the fields of Synthetic Metal Complex Chemistry, research area of Material chemistry, Supramolecular chemistry and Catalysis.